



ITRIM AT ACTIVE SPORTS CLUB PETALUMA
 1201 Redwood Way, Petaluma, CA 94954
 707.766.8080 • www.itrim.us

October 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Itrim F.I.T. with Deb 4:30pm	Itrim F.I.T. with Deb 9:00am	1	2	Itrim F.I.T. with AJ 8:00am 3
4	Itrim F.I.T. with Deb 9:00am 5	Itrim F.I.T. with Deb 4:30pm 6	Itrim F.I.T. with Deb 9:00am 7	8	9	Itrim F.I.T. with AJ 8:00am 10
11	Itrim F.I.T. with Deb 9:00am 12	Itrim F.I.T. with Deb 4:30pm 13	Itrim F.I.T. with Deb 9:00am 14	15	16	Itrim F.I.T. with AJ 8:00am 17
18	Itrim F.I.T. with Deb 9:00am 19	Itrim F.I.T. with Deb 4:30pm 20	Itrim F.I.T. with Deb 9:00am 21	22	23	Itrim F.I.T. with AJ 8:00am 24
25	Itrim F.I.T. with Deb 9:00am 26	Itrim F.I.T. with Deb 4:30pm 27	Itrim F.I.T. with Deb 9:00am 28	29	30	Itrim F.I.T. with AJ 8:00am 31



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