Joe's Catering Menu

All Prices Are Per Person. All Catering Orders.

Choice of Muffins, Danish, Bagels, Cream Cheese, Jam, Butter & Orange Juice ... \$7.49pp

ALL AMERICAN BREAKFAST

Scrambled Eggs with Choice of Two Meats: Bacon, Sausage, Ham. Served with Roasted Potatoes & Bagels ... \$6.99pp

OATMEAL (serves 8-10) with Brown Sugar, Cinnamon & Milk ... \$20.00

CONTINENTAL BREAKFAST

BREAKFAST SANDWICHES

Served on 6" Subs or Wraps with Roasted Potatoes. Choice of Bacon, Egg and Cheese, Ham, Egg and Cheese Sausage, Egg and Cheese or Peppers, Onions and Cheese ... \$6.49pp

QUART YOGURT WITH SEASONAL **FRUIT** Serves 8-10 ... \$20.00

FRUIT SALAD Serves 10-12 ... \$29.99



HOT CATERING

CILANTRO LIME GRILLED CHICKEN

With Rice, Beans, Salsa, House or Caesar Salad, Rolls & Butter ... \$10.99pp

Sausage, Chicken, Peppers & Onions, Eggplant Parmesan, Baked Ziti, Italian Salad, Balsamic Dressing & Garlic Ciabatta Bread ... \$11.99pp

GOURMET BURGER BAR

Choice of 8oz Burger, Chicken Breast or Veggie Burger with Swiss, Fresh Mozzarella & Cheddar Cheese, Bacon, Avocado, Grilled Onions, Lettuce, Tomato, Red Onion, Pickles, Mayo, Mustard, Ketchup & Assorted Chips ... \$10.99pp

TOSTADA SALAD BAR

Served with Chicken & Steak, Romaine Lettuce, Diced Tomato, Red Onion, Shredded Cheese, Corn, Black Beans, Hot Penners, Sour Cream, Fresh Guacamole, Cilantro, Ranch & BBQ Ranch Dressing & Fresh Baked Tostada Shells (Fried Shells Available Upon Request) ... \$9.99pp

FAJITA BUFFET

Steak & Chicken Breast with Grilled Peppers & Onions, Salsa, Sour Cream, Guacamole, Shredded Lettuce and Shredded Cheese. Served with Rice, Beans, Tricolor Tortilla Chips & Fresh Corn Tortillas ... \$11.99pp

ADD SHRIMP \$3.49pp

TERIYAKI CHICKEN With Grilled Mushrooms & Onions, Grilled Green Beans, Rice, Salad, Rolls

& Butter \$10.49pp

TERIYAKI STEAK With Grilled Mushrooms & Onions, Grilled Green Beans, Rice, Salad, Rolls & Butter ... \$11.99pp

BAKED ZITI WITH MEAT SAUCE

With Caesar Salad, Rolls & Butter ... \$9.99pp

VEGETARIAN BAKED ZITI With Caesar Salad, Rolls & Butter ... \$8.99pp

MOJO STYLE PULLED PORK With Rice, Black Beans, Plantains, Salsa,

House Salad, Rolls and Butter ... \$10.99pp

Chicken Caprese Panini, Italiano Ciabatta,

Aubergine Ciabatta, Chicken Parm Sub,

Meatball Parm Sub. Served with Italian

Salad & Balsamic Dressing ... \$10.49pp

Teriyaki Chicken, Teriyaki Steak, Chicken

Served with Pasta Salad, Pickles & Olives

Philly Cheese, Grilled Chicken Breast,

Pesto Chicken & Steak and Cheese.

PANINIS ON CIABATTA PLATTER

Chicken Mushroom Onion Panini, Fire-

California Chicken Club Panini. Served

house Chicken Panini, Tuna Hot Hot,

TRAY OF HOT SANDWICHES

BOX LUNCHES

DELUXE BOXED LUNCH Fresh Bakery Roll Stacked with Your Choice of Roast Beef, Turkey, Ham, Tuna, or Chicken Salad with Chips, Cookie and Soda ... \$8.99 **BURRITO BOX** Choice of Chicken, Steak, Pulled Pork or Veggie Burrito. Served with Fresh Tortilla Chips, Salsa, Sour Cream, Guacamole, Fresh Baked Cookie & Drink ... \$10.

SANDWICH PLATTERS

TRAY OF GREAT SANDWICHES **HOT ITALIAN CIABATTA PLATTER**

Assortment of Turkey, Ham, Roast Beef, Tuna & Chicken Salad on Assorted Breads. Served with Chips & Cookies ... \$8.29pp Served with Potato Salad, Cole Slaw, Pickles & Olives ... \$9.29pp

TRAY OF GOURMET SANDWICHES

Served with Chips & Cookies ... \$9.99pp Served with Potato Salad, Cole Slaw, Pickles & Olives ... \$10.99pp

RED VELVET CAKE WITH CREAM CHEESE ICING

HEATHER'S FAMOUS CHOCOLATE CHIP BUNDT

RAE'S SOUR CREAM COFFEE CAKE

TRAY OF FRESH BAKED COOKIES

AND BROWNIES ... \$24.99

CHOCOLATE OR RED VELVET CUPCAKES

ULTIMATE WRAP PLATTER

An Assortment of our Tasty Wraps Served with Pickles, Olives and Caesar Salad ... \$10.49pp

With Chips & Cookies ... \$10.49pp

... \$10.49pp

HOUSE OR CAESAR SALAD

2 LITERS W/ CUPS & ICE ... \$4.00 each COFFEE/TEA (per carafe) ... \$25.00 JUICE (price per half gallon) ... \$8.00 FRESH LEMONADE WITH MINT ... \$12.00/Gallon SWEET OR UNSWEET ICED TEA ... \$9.00/Gallon

sides

WHOLE DILL PICKLE (1/4erd)99 8oz. SIDE OF HUMMUS & PITA ... 4.09

TRI-COLOR TORTILLA CHIPS AND FRESH SALSA ... 3.59 SIDE OF TORTILLA CHIPS ... 2.09

SIDE OF GUACAMOLE (8oz.) ... 3.99 STEAK FRIES ... 2.99 **SWEET POTATO FRIES** ... 3.99

ONION RINGS ... 3.99

POTATO CHIPS - REGULAR LAYS, BBQ OR DORITOS79 BAKED LAYS ... 1.29 SIDE OF RICE, SIDE OF BEANS OR SIDE OF RICE & BEANS ... 1.59 SIDE OF STEAMED SIDE OF FRESH MOZZARELLA ... 3.09

SOUP OF THE DAY ... 4.49 SIDE OF BREAD ... 1.59

Drinks

COKE, DIET COKE, COKE ZERO, SPRITE, DIET SPRITE, ROOT BEER, ORANGE SODA, LEMONADE, FUZE LEMON, GINGERALE ... 1.49 20oz ICED COFFEE ... 2.59

BOTTLED WATER (24oz.) ... 1.59

FRESH BREWED SUN TEA ... 1.99 **HOMEMADE SWEET TEA** ... 1.99

32oz. FRESH LEMONADE **WITH MINT** ... 2.99

ARNOLD PALMER-SUN TEA AND FRESH LEMONADE (24oz.) ... 2.29

Desserts

FRESH BAKED COOKIE ... 1.29

FRESH BAKED BROWNIE ... 1.99

TRAY OF FRESH BAKED

TRAY OF FRESH BAKED

WHOLE CHOCOLATE OR

Frozen Drinks & Real Fruit Smoothies

32 OZ FROZEN MINT LEMONADE 2.99

20 OZ FROZEN COFFEE 3.99 MOCHA, CARAMEL, HAZELNUT, FRENCH VANILLA & VANILLA NUT

32 OZ FRO JOE 3.59

(FROZEN MINT LEMONADE & FRESH SQUEEZED OJ)

CREATE YOUR OWN REAL FRUIT SMOOTHIE 3.99 STRAWBERRY, BANANA, BLUEBERRY & ORANGE

ADD PROTEIN FOR.....1.09



1/2 SANDWICH ON CHOICE OF BREAD WITH SOUP AND CAN OF SODA Add .89 for half of any Gourmet Sandwich. HALF SANDWICH & HOUSE OR CAESAR SALAD WITH CAN OF SODA Add 0.89 for half of any gourmet. Upgrade to Greek Salad for \$2.09

TRAY OF FRESH BAKED COOKIES ... 24.99

BROWNIES ... 24.99

COOKIES AND BROWNIES ... 24.99

SOUR CREAM COFFEE CAKE ... 15.00

WHOLE RED VELVET CAKE WITH CREAM CHEESE ICING ... 20.00

> Roasted Turkey or Glazed Ham

Per person

10 person Minimum

Stuffing, Mashed Potatoes,

Treat your Staff

to the Ultimate

Thanksgiving Feast

or Christmas Dinner

Gravy, Carrot Souffle,

Green Beans,

Cranberry Sauce,

Rolls & Butter

Call Heather or Jessica to Book Your Feast Today



Joe Knows Lunch Menu

Specializing in office catering for over 20 years.



Free Delivery

(\$8.99 minimum)

ORDER ONLINE & GET FREE STUFF!

Monday-Adday 8am-2#0pm



www.JoeKnowsLunch.com

6500 NW 12th Ave. Ft. Lauderdale, FL 33309 • FAX 954-977-6364

Joe's Gourmet Sandwiches

THE RYAN SAM

ITALIAN SUB

Roast Beef, Turkey Breast, Swiss,

Peppers, Lettuce, Tomato, Mayo ... 8.59

Salami, Cappicola, Ham, Provolone,

Lettuce, Tomato, Onion, Hot Peppers,

Lettuce, Tomato, Mayo ... 8.59

ADAM'S DAILY GRIND Roast Beef, Bacon, Provolone, Hot

Italian Dressing ... 8.59

PESTO CHICKEN

Pesto Mayo ... 8.59

JAWBREAKER

Tomato, Mayo ... 8.59

Chicken Breast, Provolone,

Spinach, Roasted Red Peppers,

MALIBU TURKEY CLUB

with Red Pepper Mayo ... 8.99

Turkey, Ham, Swiss, Lettuce,

MEDITERRANEAN MOUTHFUL

Hummus, Lettuce, Tomato, Cucumber,

Red Onion, Red Peppers, Sprouts with

Veggie Burger or Chicken ... 8.59

CHICKEN PARMESAN PANINI

Breaded Chicken, Marinara Sauce,

Provolone Cheese & Garlic Spread ... 8.59

Turkey Breast, Turkey Bacon, Avocado,

Swiss, Lettuce, Tomato & Red Onion

All items below served on your choice of: White, Whole Wheat, Rye, 8" Sub Roll or Pita

RULE BRITANIA

Roast Beef, Cheddar, Creamed Horse Radish, Lettuce, Tomato8.59

JOE'S CLUB SUB

Turkey Breast, Bacon, Swiss, Lettuce, Tomato, 1000 Island Dressing ... 8.59

THE CALIFORNIAN

Turkey Breast, Avocado, Swiss, Lettuce, Tomato, Sprouts, Mayo ... 8.59

TUNA SUB

Tuna Salad, Provolone, Lettuce, Tomato, Onion, Hot Peppers, Italian Dressing ... 8.59

THE BIG CLUCKER

Chicken Salad, Avocado, Swiss, Lettuce, Tomato, Sprouts, Mayo ... 8.59

CHARLIE'S FAVORITE

Tuna Salad, Avocado, Swiss, Lettuce, Tomato, Sprouts, Mayo ... 8.59

EGGS-ECUTIVE

Egg Salad, Avocado, Swiss, Lettuce, Tomato, Sprouts, Mayo ... 8.59

PIG N' CHICKEN

ITALIANO

Grilled Ham, Cappicola, Salami,

TUNA HOT HOT HOT!

& Garlic Spread ... 8.59

Pepperoni, Fresh Mozzarella, Tomato,

Tuna, Provolone, Hot Peppers, Red

THE AUBERGINE CLASSIC

Onion, Tomato & Garlic Spread ... 8.59

Eggplant, Fresh Mozzarella, Grilled Onions, Fried Peppers, Balsamic Glaze

Red Onions & Garlic Spread ... 8.59

Chicken Salad, Bacon, Provolone, Lettuce, Tomato, Mayo ... 8.59

Garlic Toasted Ciabattas

Imagine a Garlic Toasted Ciabatta filled with one of the following combinations



Joe's Delicious Sandwiches Include: Lettuce, Tomato & Mayo. Italian Dressing, Mustard & Onions on Request.

Choice of Bread: Subs-Wheat or White; Breads-Wheat, White, Rye or Pita.

	6"	9"	12"
Roast Beef	6.99	8.79	10.79
		8.29	
		7.99	
		8.59	
		8.59	
		6.99	
		7.99	
		8.59	
		7.99	
Add Cheese	0.99	0.99	1.49

Joe Knows Wraps, Burritos & Quesadillas



THE RANCHER WRAP

Chicken, Bacon, Cheese, Corn, Black Beans, Lettuce, Ranch Dressing ... 7.99

BBQ CHICKEN WRAP

Bacon, Cheese, Lettuce, Tomato, Rice, BBO Ranch Dressing ... 7.99

CHICKEN GREEK WRAP

Feta, Peppers, Onions, Olives, Tomato, Lettuce, Tzatziki Dressing ... 7.99

THE MOST AMAZING WRAP

Cilantro Chicken, Lettuce, Carrots, Cucumber, Rice & Cilantro Lime Sour Cream ... 7.99

THAI CHICKEN WRAP

With Peanuts, Cilantro, Carrots. Rice & Peanut Sauce ... 7.99

TERIYAKI CHICKEN WRAP

With Mushrooms, Onions, Rice & Teriyaki Sauce ... 7.99

WRAP-IN-THE-PICTURE WRAP

With Chicken Salad, Carrots, Cheese, Bacon, Almonds, Lettuce, Ranch Dressing ... 7.99

SAUTEED VEGGIE WRAP

Onions, Broccoli, Carrots, Mushrooms, Red Peppers, Rice & Black Bean Sauce ... 7.99 Add Steak, Salmon, or Chicken ... 2.99

PULLED PORK CUBAN WRAP

Mojo-Style Pulled Pork, Ham, Swiss, Pickles, Yellow Mustard ... 7.99

HEATHER'S SECRET SAUCE WRAP

Grilled Chicken, Mixed Cheese. Grilled Onions, Spinach & Heather's Red Pepper Almond Sauce ... 7.99

QUESADILLA: CHOOSE CHICKEN, STEAK,

OR PULLED PORK Served with Rice & Beans, Salsa, Sour Cream & Guacamole ... 7.99

VEG-MEX QUESADILLA

Veggie Burger, Corn, Red Peppers, Cheese, Red Onion & Cilantro. Served with Rice & Beans, Salsa, Sour Cream & Guacamole ... 7.99

BURRITO: CHOOSE CHICKEN, STEAK OR PULLED PORK

Rice, Beans, Mixed Cheese with side of Salsa, Sour Cream & Guacamole ... 7.99 Cheddar Cheese & Bacon ... 8.79

VEGGIE STUFFED BURRITO

Rice, Beans, Cheese, Grilled Onions, Mushrooms, Broccoli, Red peppers, Carrots, Corn, Salsa, Sour Cream & Guacamole ... 7.99

PRESSED CUBAN

With Mojo Pulled Pork, Ham, Swiss, Yellow Mustard & Pickles ... 7.99

Joe's Burgers

Joe's Hot Subs

TERIYAKI STEAK

STEAK & CHEESE

CHICKEN PHILLY CHEESE

TERIYAKI CHICKEN BREAST

ARY'S BRONX BOMBER

& Chipotle Mayo ... 8.99

With Grilled Mushrooms & Onions ... 8.59

With Grilled Mushrooms & Onions ... 8.59

With Grilled Onions & Horseradish Sauce ... 8.59

With Grilled Onions & Peppers Topped with Provolone ... 8.59

Steak, Bacon, Provolone, Grilled Onions, Grilled Hot Peppers

CHOOSE a 6oz Fresh Ground Beef Patty, Veggie Burger, Grilled Chicken **Breast or Fried Chicken Breast**

Served With: Mayo, Lettuce, Tomato & Fries. Upon Request: Sliced Red Onion, Pickles, Sweet & Hot Peppers, Grilled Onions, Ketchup & Mustard UPGRADE TO SIDE SALAD, ONION RINGS OR SWEET FRIES \$1,99

➡Turkey Bacon available!

JUST THE BEEF Our Classic Burger ... 7.59

JUST THE BEEF WITH CHEESE

Our Classic Burger Topped with Cheddar Cheese ... 8.29

BACON CHEESE BURGER Our Classic Burger topped with

MUSHROOM ONION

CHEESE BURGER Our Classic Burger Topped with Swiss, BEHEMOTH BURGER Mushrooms & Grilled Onions ... 8.79

THE OMG! BURGER

with Bacon, Cheese & Avocado ... 9.59 Cheese Sandwiches ... 9.59

with Swiss Cheese, Grilled Onions & 1000 Island Dressing ... 8.79

Cheese & Grilled Onions ... 9.29

CUBAN BURGER ON PRESSED KAISER

BBO BURGER

with BBQ Sauce, Bacon,

PATTY MELT ON RYE

Served on an 8" White or Wheat Sub

with Ham, Swiss Cheese, Pickles & Yellow Mustard ... 8.79

Bacon Burger with Pickles, Grilled Onions & Chipotle 1000, Stuffed Between Two Grilled

*Consumer Advisory: Consuming raw or under cooked meats, poultry, shellfish or eggs may increase your risk of food borne illnesses.

Choice of dipping sauce: Chipotle Mayo, Horsey, Mustardnaise and Roasted Red Pepper Mayo. Choice of White, Wheat or Rye. Add \$0.79 for Ciabatta.

TUNA MELT ... 6.99

CHICKEN SALAD MELT ... 6.99

GRILLED CHEESE & BACON ... 6.99

GRILLED TURKEY & CHEESE ... 6.99

GRILLED TURKEY, BACON & CHEESE ... 7.79



GRILLED CHEESE ... 5.79

GRILLED HAM & CHEESE ... 6.59



salads

EXTRA DRESSING .59 each

Italian, Fat Free Italian, Fat Free

Honey Mustard, Blue Cheese,

Lite Peppercorn Ranch, Fat

Free Raspberry, Poppy Seed

and Balsamic Vinaigrette

Thousand Island, Ranch,

ADD A SIDE OF GARLIC CIABATTA

CALIFORNIA CLUB SALAD

Chicken Breast, Bacon, Avocado, Egg, Tomato, Sprouts, Cheese, Lettuce, Veggies, Sunflower Seeds, Croutons ... 10.99

SUPER FOOD THE SUPER GREEN

Kale, Spinach & Spring Mix, Tomatoes, Broccoli, Cabbage, Carrots, Cucumber, Almonds & Edemame ... 8.99 Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

SUPER FOOD CHIPOTLE QUINOA SALAD

Quinoa, Black Beans, Corn, Tomato, Avocado, Lettuce, Red Onion, Cilantro, Lime Wedge & Creamy Chipotle Dressing ... 8.99 Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

HARVEST SALAD

Spring Mix, Spinach, Tomato, Sprouts, Cucumber, Carrots, Almonds, Avocado & Sliced Egg ... 7.99 Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

BBQ RANCH CHICKEN SALAD

With Corn, Black Beans, Cilantro, Cheese, Avocado, Tomato & BBQ Ranch Dressing ... 9.59

GREEK SALAD

Full Size \$7.79 | Petite Size \$6.79

Lettuce, Tomato, Feta, Olives, Red Onions, Pepperoncini, Oregano & Italian Dressing Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

JESSICA'S TUSCAN WHITE BEAN SALAD...8.99

Chopped Kale, Shredded Carrots, Diced Cucumbers, Red Onion & Tomato Tossed in Lemon Garlic Vinaigrette and Topped with Breaded Eggplant Add Chicken Breast, Salmon, Tuna Salad, Chicken Salad or Egg Salad...\$2.99

CHINESE CHICKEN SALAD

Lettuce, Chicken Breast, Rice Stix, Mandarin Oranges, Shredded Carrots, Sesame Dressing ... 8.99

SPINACH SALAD

With Bacon, Tomato, Sliced Egg & Mushrooms ... 7.79 Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger2.99

CAPRESE SALAD

Fresh Mozzarella & Tomato with Balsamic Vinaigrette ... 7.79 Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger2.99

GRILLED CHICKEN TOSTADA SALAD

With Black Beans, Lettuce, Cheese, Tomato, Onions, Sour Cream, Guacamole & Ranch Dressing ... 8.99

TROPICAL SALAD

Spring Mix, Cheese, Mixed Tropical Dried Fruit, Cucumber, Carrots & Mandarin Oranges ... 7.99 Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

JULIENNE SALAD

Turkey Breast, Cheese, Egg, Tomato, Lettuce, Veggies, Sunflower Seeds, Croutons ... 8.99

ANTIPASTO SALAD

Julienne of Genoa Salami, Cappicola, Ham, Provolone, Served with Lettuce, Tomato, Sweet Red Onion, Pepperoncini, Black Olives and Italian Dressing ... 9.59

Full Size \$6.79 | Petite Size \$5.59 | Mini Size \$2.09

Lettuce, Tomato, Assorted Garden Vegetables, Croutons & Sunflower Seeds Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

Full Size \$6.79 | Petite Size \$5.59 | Mini Size \$2.09

Romaine Lettuce, Parmesan Cheese, Croutons & Caesar Dressing Add Chicken Breast, Salmon, Chicken Salad, Tuna Salad, Egg Salad or Veggie Burger ... 2.99

Panínis on ciabatta

FIREHOUSE CHICKEN w/Provolone, Bacon & Firehouse

Caesar Dressing ... 8.59

GRILLED CHICKEN MUSHROOMS & ONIONS

w/Bacon, Provolone & Mayo ... 8.59 CALIFORNIA CHICKEN CLUB w/Bacon, Avocado, Swiss & Mayo ... 8.99

CHICKEN CAPRESE

w/Fresh Mozzarella, Tomato & Pesto Mayo ... 8.59

GRILLED ROAST

... 8.99 CHIPOTLE



BEEF, BACON & PROVOLONE w/ Chipotle Mayo

CHICKEN PANINI w/ bacon, provolone, grilled onions, hot peppers & Chipotle Mayo ... 8.59

FAJITA BOWL

Broccoli, Carrots, Onions, Red Peppers &

Cabbage stirfried with our House-made

Create your own Rice or Noodle Bowl: Choose your Meat: Chicken, Salmon,

Choose your Grain: White Rice, Noodles,

Brown Rice (add \$1.00) or Quinoa (add \$2.00)

Shaved Steak or Veggie Burger

With Rice, Black Beans & Fresh Made

House-made Teriyaki Sauce, Mushrooms

TERIYAKI BOWL

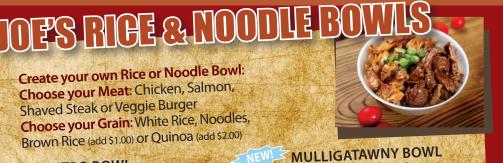
STIR FRY BOWL

& Grilled Onions... 8.29

Teriyaki Sauce ... 8.29

CILANTRO BOWL

Salsa .. 8.29





THAI BOWL With Peanuts, Cilantro, Carrots & Spicy Peanut Dressing ... 8.29

GREEK BOWL With Sliced Eggplant, Feta Cheese, Olives, Tomato, Parsley & Red Pepper Almond Sauce ... 8.99

With Onions, Peppers & Fajita Spice ... 8.29