

Issue 03  
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# Annual Report - Oak Ridge High School Foundation



## Year in Review

### ***Pursuing Excellence Takes an Engaged Community***

Whether investing in a home, a car, new technology, or education – the old axiom that ***“you get what you pay for”*** is very true. An investment in an outstanding high school education, quality experiences, and a sharpened focus on future success is no different. And to be clear, such *excellence is expensive!*

The Oak Ridge High School Foundation has a very simple mission that can be summarized in just 10 words: “To Support and Enhance ORHS and El Dorado Hills Community”. For more than 12 years, we have sought opportunities to supplement available State and District resources and help the school and our students have greater success in their academic and interscholastic pursuits. With more than \$1.5 Million raised and over 45 completed projects dedicated to this purpose – we are proud of the accomplishments of our all-volunteer team.

In 2014 and 2015, the incredible hard work, dedication, and contributions of our ORHS family once again made it possible to fulfill our mission. Through resources providing computers in classrooms, new science equipment, top notch athletic facilities,

*“I am very thankful for the support that the Computer Science program receives from our Foundation. As the landscape of Computer Science rapidly changes, and our program continues to grow, I know that I can count on our Foundation to support our program with the purchase of additional equipment and software that will allow us to always meet these evolving needs.”*

*- Stephanie Allen, ORHS Computer Science teacher*



The Oak Ridge High School Foundation - learn more at [www.orhsfoundation.com](http://www.orhsfoundation.com)

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## Performance Training Center

### ***Having an Impact!***

In May of 2015, the Oak Ridge High School Foundation's Performance Training Center Strength & Conditioning Program (PTC) finished its 1<sup>st</sup> full school year of training student athletes to become faster, stronger, more agile and aerobically conditioned. The highly trained, certified and experienced coaches in the PTC have developed a program that utilizes a combination of corrective exercises, conditioning drills, weight training exercises and nutritional awareness to enable Oak Ridge student athletes to perform at higher competitive levels while avoiding injuries. In addition to a focus on physical conditioning, speed and agility, the program also stresses the value of a solid education and reinforces the need for each participant to maintain good academic standing in all their classes. The by product of this is our student athletes are becoming more educated in the areas of nutrition, hydration, and the importance of sleep and benefits of being physically fit and healthy in life beyond their teen years.

Enrollment in the PTC has increased dramatically among the athletic teams at Oak Ridge. More coaches and athletes are seeing the benefits of consistent training with highly trained and experienced coaches right on campus. During a peak day the trainers are working with over 200 kids on individual strength and conditioning programs. Teams that are currently utilizing the services of the PTC include: Baseball, Boys Basketball, Football, Girls Basketball, Girls Lacrosse, Girls Volleyball, Water Polo,

*"Vince Mini, Gabe Jackson and Justin Jackson are as good as it gets. The trainers and I discuss movements to my specific sport and they implement exercises that work well with my athletes and their specific needs. They work very well with me. We saw big benefits last year with our baseball players and we have about 96% of our athletes in the program right now. As a coach, it fires me up to see these guys get after it. And mentally, we are growing right now.....it's huge."*

Todd Melton  
Baseball Head Coach

*"Wrestling has approximately 90% of our kids involved in the program. It's the whole package: Strength and conditioning, nutrition, team building, as well as the mental aspect of sports."*

Casey Rhyan  
Wrestling Head Coach



**Oak Ridge  
High School  
Foundation**



There's nothing more rewarding than giving back and making a difference in the lives of students in this great community.

## Foundation Projects

Campus Initiatives  
Funded in 2014/15:

Math Program  
Software - \$3,000

Computer Hardware -  
\$4,000

Track Area Path &  
Walk of Fame - \$6,000

Science Program Lab  
Equipment - \$5,000

Softball Field Upgrade  
Support - \$10,000

ORHS Student  
Scholarships - \$4,000

Media Arts Curriculum  
Equipment - \$25,000

School-Wide  
Rebranding Campaign  
- \$10,000

You were born with the  
ability to change  
someone's life. Don't  
waste it!



A campus feature , transforming into a teachable classroom

## New York Creek Project

### ***Community-Wide Science On New York Creek Watershed***

The Foundation continues to provide support and planning for a K - 12 science lab curriculum project using the natural environment and resources along New York Creek. This program is being led by Mr. Casey Rhyan, ORHS Science Department Head, and a core group of science teachers from local schools. This team is developing curricula and "lab-in-box" elements to be offered to instructors for more than 3,000 elementary/middle school students and 1,200 ORHS students – giving a practical and hands-on experience in the NY Creek watershed. Through this exciting program, students will "get dirty" and learn how to sample, monitor, and observe elements in the environment as they learn and apply new science standards and concepts.

With new and ongoing energy by ORHS Foundation and its partners, the New York Creek project will continue to move forward to implementation in 2016!

### ***Performance Training Center (continued from page 2)***

Softball and Wrestling. The PTC Management Team is constantly working together to build a program that better serves the students of Oak Ridge High School. A few of the new programs recently adopted include - open gym times, reduced rate during summer break, reduced rate for in-season athletes and a new software management system. This new system allows parents to pay for their child's training from their computer or any smart device. And finally the PTC will be open to all Oak Ridge students and staff. Sign up today!

## Walk of Fame

In the fall of 2014 the first brick was laid in the new Trojan Walk of Fame. The original walk was placed outside the new gymnasium's home entry doors. Just in time for the gym's grand opening.

The walk was conceived as a way for parents, grandparents and friends to honor a students' time at Oak Ridge. Parents as well as students have also see fit to honor retiring teachers as well as clubs and teams with the permanent acknowledgement of an engraved brick. Its also a great way for business to show their support of ORHS!

With the initial success of the walk, the Foundation recently added a third location - the home entry gate of the athletic stadium.

Stop by either location and scope out a spot for brick!



## 15th Annual Golf Tournament

### Another Grand Event!

The Oak Ridge High School Foundation's 15<sup>th</sup> Annual Golf Tournament held at Serrano Country Club on October 27, 2014 was an enormous success. The tournament attracted the most golfers (128) in the last seven years and raised more than \$21,000 for the academic programs at Oak Ridge. Major sponsors supporting the tournament included CEMEX, Waste Connections, SAFE Credit Union, Carter Country Travel, Diane Anderson Landscape, Anderson Dry Cleaning, Stonebarger Law, Tutoring Rocks, Lyons Real Estate - The Paragary Miller Team, Plachy Physical Therapy, Cook Engineering and Sunstate Equipment.

This event takes hundreds of hours of volunteer time all done by a crew of parents and community members. The Foundation Board of Directors would like to express immense gratitude to all these volunteers for taking time out of their busy schedules and helping with registering golfers, collecting auction donations, soliciting sponsorships, coordinating volunteers, decorating the club house, coordinating hole and tee contests, organizing the boys and girls golf teams, preparing the pairing sheets, and many many other tasks. It wouldn't of been a such a successful tournament without your help! ***A Huge Thank You!***



## Corporate Sponsorship

The ORHS Foundation is continually looking to provide opportunities for local businesses to show case their support for Oak Ridge High School.

Opportunities available to these community partners include:

- Athletic Field Scoreboard Advertising
- Gymnasium Scoreboard Advertising
- Electronic ads on the athletic field scoreboard during games and events
- Annual Golf Tournament Sponsorship
- Annual Alumni Run Sponsorship
- Corporate logo on the Trojan Walk of Fame

## Art Media Gets a Boost

*"The ORHS Foundation has been instrumental in making sure that our Art Media program has state of the industry equipment. As a result, our students have been able to create powerful video projects that spotlight Oak Ridge excellence while also allowing them to receive real-world experience."*

Kevin Balzer, ORHS Art Media teacher



## Alumni Program

Creating an Alumni program has been a new focus of the Foundation. Recognizing that ORHS has generated an impressive roster of graduates over the years, the Foundation is looking to provide a channel for alumni to connect back to their alma mater. In addition to starting to build a database of all alumni and launching a Facebook page to share HS happenings, we hope to begin collecting individual stories from various alumni. These Trojan stories will enable alumni to share their recollections of the time spent at ORHS along with a little bit of where life has taken them.

A new cornerstone event being planned is an Alumni Fun Run to be scheduled around Home Coming Weekend each year. The first run is targeted for the Fall of 2016 with a 5k walk/run along with a kids run. Stayed tuned for updates as we get closer to the run.

### **Year in Review** (continued from page 1)

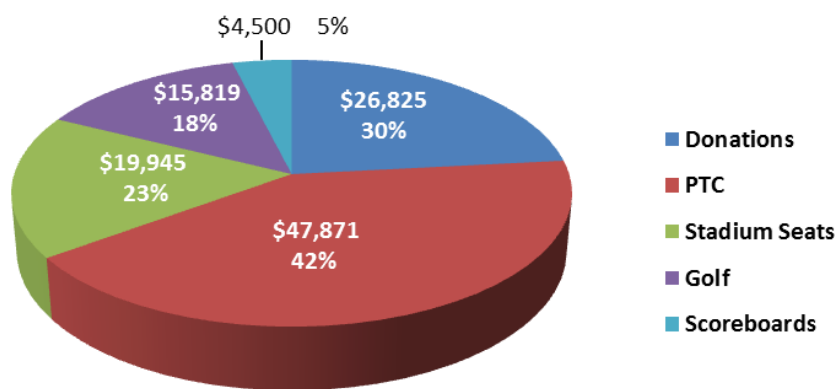
Last year we were also able to continue managing and refining the Performance Training Center (PTC) – a health and wellness program dedicated to our students and athletes. Similarly, our team and the school administration identified and met needs in science, basic hardware and innovative software.

This annual report provides an update on the Foundation's programs and offers ways for you to get involved. With your help and support ORHS will continue to move forward as a regional and statewide leader in innovative educational approaches, a successful scholastic experience, and top of the line facilities. The opportunities are endless – let's find ways to work together to achieve great success.

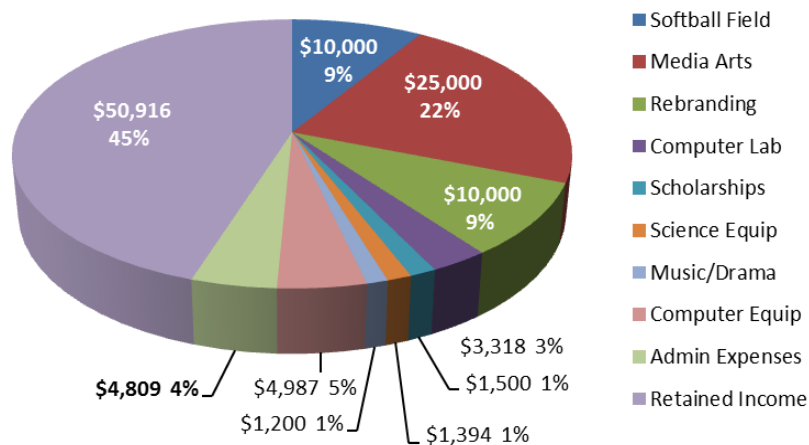
# Financial Overview

The Foundation received over \$115,000 in donations last year. \$57,000 of that went directly towards projects on the Oak Ridge campus. Another \$51,000 was added to the Foundation’s General Fund for future projects. Administrative expenses accounted for just under \$5,000 or less than 5%.

Dollars Raised In FY 14/15



Dollars Distributed in FY 14/15



Where your donations went to work in 2014 – 2015

## Foundation’s Impact

*“The learning community at Oak Ridge is very grateful for the incredible support we receive from the Oak Ridge High School Foundation. Over the years our Foundation has been instrumental in helping Oak Ridge High School remain one of the top performing high schools in all of Northern California. The ORHS Foundation has provided our school the opportunity to have best in class facilities and programs, and to stay on the cutting edge of instructional technology integration. I would strongly encourage all of our stakeholders to become involved and support the incredibly positive impact our Foundation has upon our campus.”*

Paul Burke, Principal,  
Oak Ridge High School

*The Oak Ridge High School Foundation is a 501 (c) (3) public charity and, as such, donations are tax deductible pursuant to Internal Revenue Code Section 501(c)(3).*

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